

PLANT

Palliative Life-State and Nutrition Training



Thursday 15 March 2018

from 9:30 – 12:30

Education Centre at Woking Hospice

with Dr Eleni Tsiompanou, MSc Nutritional Medicine

This is a unique training opportunity for healthcare professions with an interest in nutrition. The morning seminar is an introduction to key topics on nutrition and lifestyle in palliative care. It is our aim to share new knowledge and skills in considering the needs of patients and families in the hospice, community or hospital.

Dr Eleni with hospice's Practice Development Team have put together this study morning, specifically for :

- Palliative care doctors
- Nurses
- GPs
- District Nurses
- Dietitians
- Physiotherapists
- Other healthcare professionals supporting patients with palliative care needs

The training focuses on:

- 10 top tips for the management of Anorexia Cachexia Syndrome
- Palliative Life-state And Nutrition Tool (PLANT)©
- Nutrition and Hydration – sometimes too much of a good thing

Dr Eleni Tsiompanou is a consultant in palliative medicine at Woking & Sam Beare Hospices. She has worked in the last 25 years as a physician, oncologist and palliative care doctor in hospitals, hospices and the community. She has trained in Nutritional Medicine and has a special interest in Nutrition and Lifestyle approaches in Healthcare.

For more information:

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